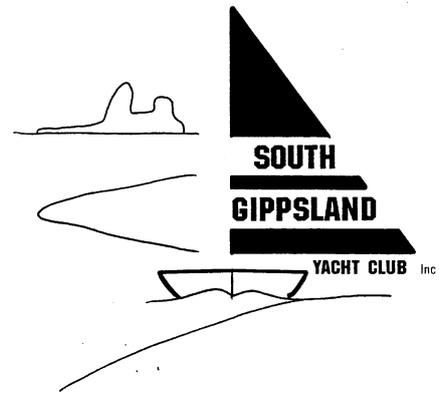


South Gippsland Yacht Club Inc

2025-2026 Season

SAILING INSTRUCTIONS



1 Rules

1.1 Sailing will be governed by the rules as defined in The Racing Rules of Sailing (RRS), except as any of these are changed by the Sailing Instructions.

1.2 The relevant Australian Sailing Special Regulations, Part 1 and Part 2 will apply.

2 Changes to Sailing Instructions

2.1 Any change to the sailing instructions will be announced by the Officer of the Day at the pre-race briefing and or posted on the official notice board.

3 Notices to Competitors

3.1 Notices to competitors will be posted on the official notice board at the club.

4 Signals Made Ashore

4.1 Signals made ashore will be displayed on the club flagstaff.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in Race Signals AP.

5 Schedule of Events

5.1 Races are scheduled according to the 2025–26 SGYC Sailing Program.

5.2 Unless otherwise stated, the Warning Signal for the first start shall be no earlier than stated in the sailing program

5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed before a warning signal is made on the club boat.

5.4 Sailing can proceed provided there are a minimum of 3 starters. Race results will count towards division or championship competitions provided there are a minimum of 3 starters in a division or for the club championship.

6 Division Flags

6.1 Club racing divisions are as follows.

DIVISION	YARDSTICK FLAG
1 Catamarans	Numeral Pennant ONE
2 Monohulls 125 and below	Numeral pennant TWO
3 All Monohulls above 125	Numeral pennant THREE

7 Racing Area

7.1 The racing area shall be on Anderson Inlet.

8 Courses and Marks

8.1 The course, number and sequence of laps will be stated at the race briefing and displayed on the course board.

8.2 Club Championship courses. All divisions will sail the same course with a common start and finish. Times will be taken at this finish for all boats.

8.3 The rounding marks will be as identified at the race briefing.

9 The Start

9.1 Times will be taken from the visual signals, failure of a sound signal shall be disregarded.

9.2 Races will be started in accordance with Rule 26, and amended as follows:

Signal	Flag	Sound	Minutes
On Station	Orange Flag	1	Any time before 3 minutes
Course	If Starboard Course Green flag If Port Course Red Flag	none	Any time before 3 minutes
Warning	Division Flag(s), to be displayed	1	3
Preparatory	Code Flag P, I, Z, U or Black	1	2
One Minute	Preparatory Flag removed	1	1
Start	Division Flag(s) removed	1	0

9.3 The starting line will be an imaginary line between the staff displaying an orange flag on the committee vessel (starboard end) and the course side of the port-end starting mark.

9.4 Yachts whose preparatory signal has not been made, shall keep clear of the starting area.

9.5 A boat that does not start within TEN minutes after her starting signal will be scored DNS without a hearing.

10 Shortened Course

10.1 Code flag 'S' with the appropriate division flag(s) will be flown and TWO sound signals may be given as the lead boat approaches the mark after she rounds the mark she shall sail directly to the finish.

11 The Finish

11.1 Will be as displayed on the course board.

11.2 A yacht shall only cross the finish line if the course has been completed correctly. Sailing through the finish may be allowed given some conditions, announced at the briefing.

11.3 Yachts failing to complete the course in accordance with the sailing instructions shall be deemed DNF.

12 Penalty System

12.1 Following an infringement between boats that are sailing; after getting well clear, a boat shall take a 2-turn penalty in the same direction, including 2 tacks and 2 gybes.

For catamarans, only 1 turn with 1 tack and 1 gybe is required.

A boat may take a 1-turn penalty when she infringes by touching a mark.

13 Time Limit

13.1 The time limit for other races is 3 hours from the relevant start. Racing to be abandoned if no yacht finishes within this time. Places will be awarded for all boats finishing up to 60 minutes later.

13.2 Boats finishing after the time limit shall be scored DNF.

14 Protests and Requests for Redress

14.1 Protest forms are available from the Race Office.

14.2 Protests shall be delivered there within the protest time limit of 60 minutes after the finish time of the last boat in the last race of the day.

14.3 Notices to inform competitors of hearings in which they are parties or named as witnesses will be posted within 30 minutes of the protest time limit.

14.4 For the purpose of RRS 64.3(b) the 'authority responsible' is the Principal Race Officer

14.5 Infringements of Sailing Instructions 16.1 and 16.3, shall not be grounds for protest by competitors, but may result in action by the PRO or Protest Committee.

15 Scoring

15.1 The Low Point Scoring System will apply.

15.2 A minimum of 4 races are required to be completed to constitute any series.

When four races are completed a boat's series score shall be the total of all her race scores. Where five races are completed, a boat's series score shall be the total of her race scores excluding her worst score. Where six or more races are completed, a boat's series score shall be the total of her race scores excluding her 2 worst scores.

15.3 ~~Duty crews will receive 3 points for that competitor in the series.~~ 26.11.2024

Sailors who are rostered onto club duties will be allocated points based the average score for that competitor in the particular series they carry out their duty.

15.4 Divisional champions will be awarded based the sailors best 80% of races sailed in the following series. Leongatha Toyota Opening, Commodores Cup, John Parry, and Francis Sullivan Autumn.

15.5 The Club Championship series will comprise 10 races identified on the Sailing Program and will be awarded based on the sailors best 8 races.

The following defined scores shall apply

- a) DNC: A boat that Did Not Come to the starting area shall be scored points equal to the number of boats in the division plus one (1).
- b) DNS: A boat that comes to the starting area but Did Not Start shall be scored points equal to the number of finishers plus two (2).
- c) DNF/RET: A boat that Did Not Finish or Retires shall be scored points equal to the number of finishers plus one (1).
- e) DSQ: A boat that is Disqualified shall be scored points equal to the number of finishers plus two (2).

16 Safety Regulations

16.1 For each race session each boat intending to race shall 'sign-on' the race sign-on form located near the Notice Board prior to the 1st warning signal. Failure to comply shall result in a boat being scored DNC for the race or races. Duty crew must also sign on to receive points.

16.2 All boats not completing the course correctly or retiring after finishing shall notify the race officer as soon as possible and by indicating DNF or RET on the 'sign on/off' sheet.

16.3 Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions. Failure to comply may result in the boat being scored equal to DSQ for the race or races.

16.4 Boats are required to be in a seaworthy condition and well maintained

18 Prizes

18.1 Prizes to be awarded as determined by SGYC to include: Club Champion, 1st, 2nd, and 3rd in each division, Most Improved Skipper, Best Female Sailor, Best Youth Sailor.

19 Risk Statement

19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

19.2 The SGYC is not responsible for the seaworthiness of a boat where the entry is accepted, or the sufficiency or adequacy of its equipment. The SGYC, its members, or those persons assisting the SGYC will not be responsible for damage to boats caused by club rescue boats or by other boats assisting in rescue duties or in any other circumstances or manner whatsoever.

20 Insurance

20.1 Each participating boat should be insured with valid third-party liability insurance with a minimum cover of \$AUD 5,000,000 per incident or the equivalent (recommend \$AUD 10,000,000).